


1300 430 488

41 Connell Road

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www.choicefreshmeals.com.au

Welcome To Choice Fresh Meals

Thank - you for choosing Choice Fresh Meals, Victoria's largest and longest serving private company manufacturing and distributing fresh meals. We hope you enjoy your meals and we would like to give you some helpful hints about storing and heating your meals.

1. If meals are to be frozen, please freeze immediately on receipt.
2. To heat meals, first pierce the film in a few places.
3. Tray quiches, pies and lasagne should have film removed entirely for the best results.
4. Always heat frozen meals without thawing.
5. For meals which include chips, we suggest you remove the chips from the container and place them on a baking tray in the oven.

	From Fresh	From Frozen
Meals		
Microwave	3-4 minutes	5 minutes
Normal Oven (180C)	20 minutes	30 minutes
Fan Forced	15 minutes	25 minutes
* Please make sure you reheat to a minimum 75°C		
Deserts and Soups		
Microwave	1-2 minutes	3 minutes
Normal Oven (180C)	10 minutes	15 minutes
Fan Forced	8 minutes	12 minutes

Please note that these times are a guideline only. Everyone's oven and microwave is different. We recommend when new customers first reheat meals, do so for a shorter time than recommended, and if the meals are not warm enough, heat further.

At Choice Fresh Meals we take pride in providing you with delicious meals made from the highest quality ingredients. If there is anything we can do to assist you to enjoy your meal even more, please call us on 9592 2648.

Bon Appetite!

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Food Safety Information Sheet

We take food safety very seriously as we believe that our customers have the right to expect all our meals to be delivered in the optimum condition.

To ensure that we maintain standards of the highest quality, we have implemented a thorough and rigorous food safety program complying with HACCP accreditation. This is audited by an independent third party on an annual basis. In addition, we have hired an external food safety consultant who reviews our performance on a continuous basis.

Whilst we take every precaution to ensure our meals arrive at your place in the best possible condition, your assistance is required to make sure they stay that way:

- Our meals have a fridge life of 3 days from delivery. Please refer to the label on the meal. If you aren't going to consume the meal within this time, please freeze on delivery.
- Temperature is the biggest threat to the quality of our meals. We deliver the meals in refrigerated vans whose temperatures are monitored on a continuous basis to ensure they remain below 5°C. At temperatures above 5°C bacteria will grow and multiply, drastically reducing the shelf life of the meal.
- All drivers are under strict instructions not to leave meals at premises where they will not be adequately refrigerated.
- This means that you should ideally be home when the delivery driver calls so that you can place your order straight into the fridge.
- If you are not going to be home, please leave a well insulated eski or chiller bag with sufficient ice bricks outside your front door, and put your order into the fridge within 2 hours.

Thank-you for helping us to ensure that your meals are always maintained in optimum conditions. This means that you can enjoy their flavour and taste knowing that they have been prepared and stored under strict food safety guidelines.

home cooked goodness, home delivered convenience